

ZAST TEACHER TRAINING BOOKLET



ENGLISH – KINDERGARTEN 1

OVERALL GOALS

By the end of Kindergarten 1, children should be able to:

- Recognize A–Z (uppercase and lowercase)
- Produce phonics sounds (a–z)
- Match letters with sounds and pictures
- Build simple CVC words (cat, bat, sun)
- Use simple vocabulary in speaking

TEACHING APPROACH

Core Method

Listen → See → Touch → Say → Do

Example

- Hear sound: /a/
- See letter: a
- Trace letter
- Say sound
- Use in a word

STAGE 1: LETTER AND SOUND INTRODUCTION

Objective

- Introduce one sound at a time
- Focus on phonics sound only

Materials

- Sandpaper or textured letters
- Sound basket (objects or pictures)
- Flashcards
- Sand tray

Lesson Flow

Step 1: IntroductionShow letter and say sound clearly

Step 2: AssociationShow objects (apple, ant) and ask for beginning sound

Step 3: Tactile LearningChild traces letter in sand tray

Step 4: RecognitionShow mixed letters and ask child to identify

Step 5: RecallAsk child to say the sound

Teacher Notes

- Teach 2–3 letters per week
- Group letters (a, m, s, t)
- Repeat daily

STAGE 2: LETTER RECOGNITION AND DISCRIMINATION

Objective

- Identify letters correctly
- Differentiate similar letters

Activities

1. **Letter Hunt**Circle target letter
2. **Sorting Game**Separate correct letter from others
3. **Upper–Lower Matching**Match A with a
4. **Pocket Chart Activity**Pick correct letter from mixed set

Teacher Notes

Focus on confusing letters: - b and d - p and q

STAGE 3: PHONICS SOUND DEVELOPMENT

Objective

- Connect sounds to beginning of words

Activities

1. **Sound Basket**Pick object and say sound
2. **Clap the Sound**Clap for each sound in a word
3. **Sound Sorting**Group pictures by starting sound
4. **I Spy Game**Find objects by sound

Teacher Notes

- Focus on beginning sounds only

STAGE 4: CVC WORD BUILDING

Objective

- Blend sounds to form words

Materials

- Letter cards
- Magnetic letters
- Pocket chart

Lesson Flow

Step 1: Sound Blending/c/ /a/ /t/ → cat

Step 2: Build WordArrange letters

Step 3: Read TogetherPoint and read

Activities

1. **Word Builder**cat, bat, mat
2. **Missing Letter**c _ t
3. **Picture Matching**Match word with picture

Teacher Notes

- Start with short vowel a

STAGE 5: VOCABULARY DEVELOPMENT

Objective

- Improve speaking and understanding

Activities

1. **Show and Tell** Child speaks simple sentence
2. **Picture Talk** Ask simple questions
3. **Category Sorting** Group animals, fruits

Teacher Notes

Encourage full sentences

STAGE 6: PRE-WRITING SKILLS

Objective

- Develop hand control

Activities

1. **Air Writing**
2. **Sand Writing**
3. **Pattern Practice** (lines, curves)

Teacher Notes

- Do not rush writing with pencil

DAILY LESSON STRUCTURE

30–40 minutes:

1. **Warm-up** (5 min)
2. **Introduction** (5 min)
3. **Activity** (15–20 min)
4. **Practice** (5–10 min)

ASSESSMENT CHECKLIST

Child should be able to:

- Identify letters
- Say correct sounds
- Match pictures
- Build simple words

COMMON MISTAKES

- Teaching letter names first
- Skipping phonics
- Teaching too many letters
- Using only worksheets

FINAL TEACHER GUIDANCE

- Focus on understanding
- Keep lessons active
- Repeat daily

If the child can hear, say, and identify the sound, learning is successful.

ZAST IMPLEMENTATION NOTE

- Use teacher-made materials daily
- Keep materials accessible
- Rotate activities weekly
- Encourage independent learning